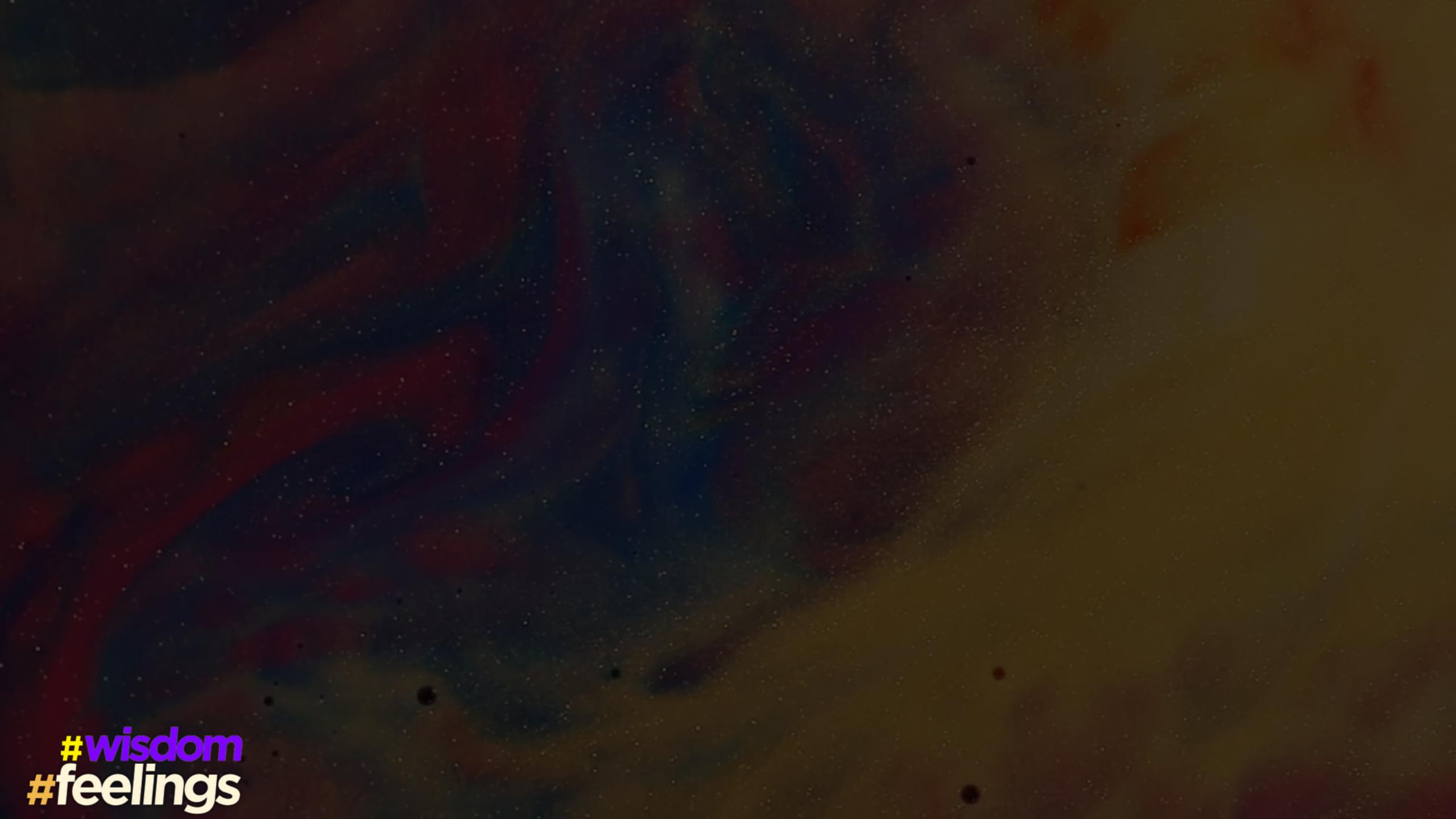




Emotions are emotions because they put us in MOTION.

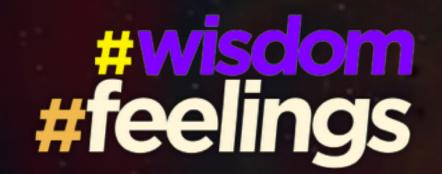




I DO what I FEEL LIKE DOING.



HEART - ACTIONS

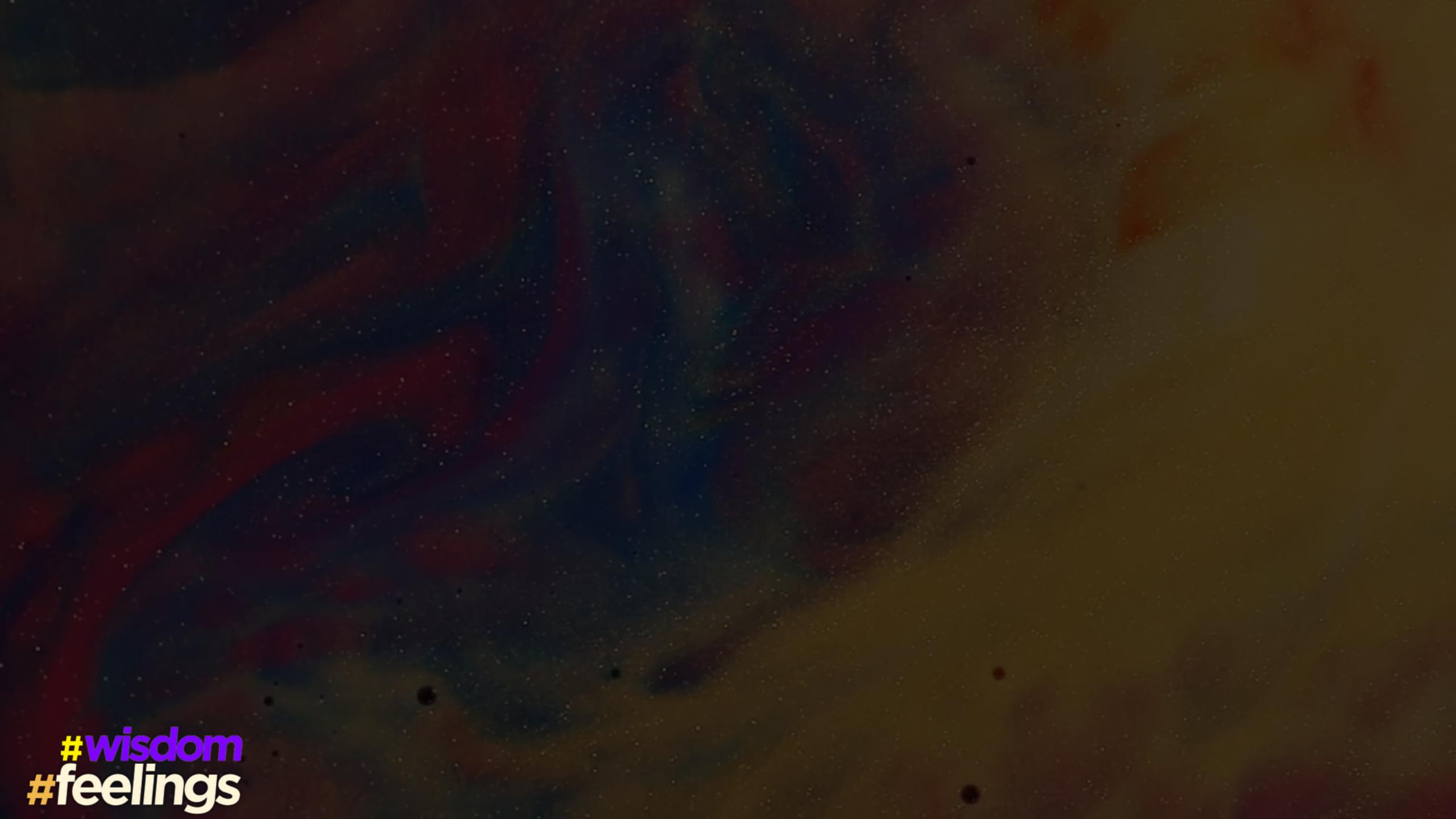


Above all else, guard your heart, for everything you do flows from it.

Proverbs 4:23 NIV

As water reflects the face, so one's life reflects the heart.

Proverbs 27:19 NIV



Anxiety weighs down the heart, but a kind word cheers it up.

Proverbs 12:25 NIV

Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones.

Proverbs 15:30 NIV

Gracious words are a honeycomb, sweet to the soul and healing to the bones.

Proverbs 16:24 NIV

The one who has knowledge uses words with restraint, and whoever has understanding is even-tempered.

Proverbs 17:27 NIV

MIND -> HEART -> ACTIONS



Like one who takes away a garment on a cold day, or like vinegar poured on a wound, is one who sings songs to a heavy heart.

Proverbs 25:20 NIV

...then you will understand the fear of the LORD and find the knowledge of God. For the LORD gives wisdom; from his mouth come knowledge and understanding....

Then you will understand what is right and just and fair—every good path. For wisdom will enter your heart, and knowledge will be pleasant to your soul.

Proverbs 2:5-6, 9-10 NIV

MIND HEART - ACTIONS SOUL



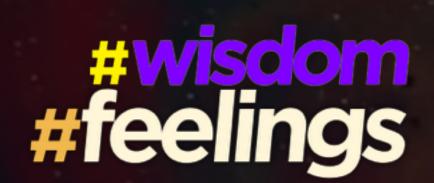
The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction.

Proverbs 1:7 NIV

The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding.

Proverbs 9:10 NIV

With proper wisdom, fear makes us act to AVOID something.



Without wisdom, fear makes us AGGRAVATE problems.



Without wisdom, fear makes us FREEZE.



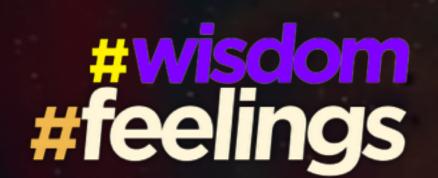
A quick-tempered person does foolish things, and the one who devises evil schemes is hated.

Proverbs 14:17 NIV

Whoever is patient has great understanding, but one who is quick-tempered displays folly.

Proverbs 14:29 NIV

Anger is the emotion to move us toward JUSTICE.

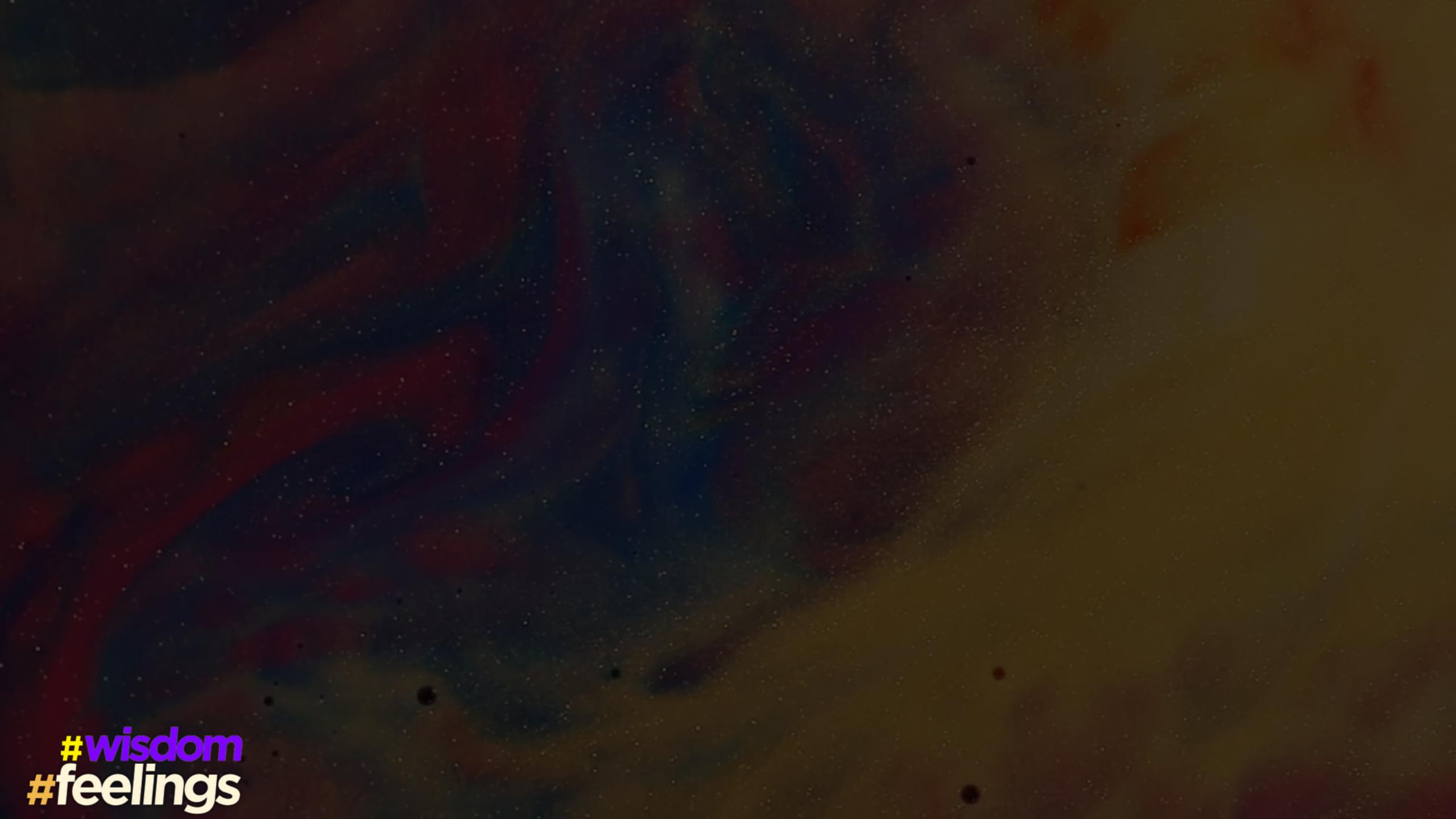


Do not make friends with a hottempered person, do not associate with one easily angered, or you may learn their ways and get yourself ensnared.

Proverbs 22:24-25 NIV

A hot-tempered person must pay the penalty; rescue them, and you will have to do it again.

Proverbs 19:19 NIV



Each heart knows its own bitterness, and no one else can share its joy.

Proverbs 14:10 NIV

Even in laughter the heart may ache, and rejoicing may end in grief.

Proverbs 14:13 NIV

A happy heart makes the face cheerful, but heartache crushes the spirit.

Proverbs 15:13 NIV

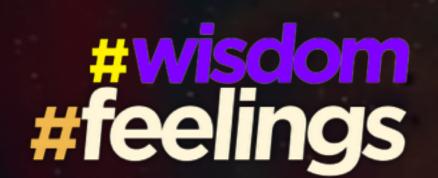
A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Proverbs 17:22 NIV

The human spirit can endure in sickness, but a crushed spirit who can bear?

Proverbs 18:14 NIV

We have sadness because we bear GOD'S IMAGE.



The LORD saw how great the wickedness of the human race had become on the earth, and that every inclination of the thoughts of the human heart was only evil all the time. The LORD regretted that he had made human beings on the earth, and his heart was deeply troubled.

So the LORD said, "I will wipe from the face of the earth the human race I have created—and with them the animals, the birds and the creatures that move along the ground—for I regret that I have made them."

Sadness is the emotion to move us toward GOD.



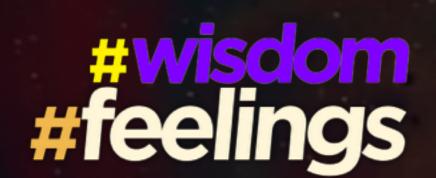
Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.

Proverbs 13:12 NIV

Hopes placed in mortals die with them; all the promise of their power comes to nothing.

Proverbs 11:7 NIV

Hope in God = EMOTIONAL STABILITY



The desire of the righteous ends only in good, but the hope of the wicked only in wrath.

Proverbs 11:23 NIV

Have no fear of sudden disaster or of the ruin that overtakes the wicked, for the LORD will be at your side and will keep your foot from being snared.

Proverbs 3:25-26 NIV

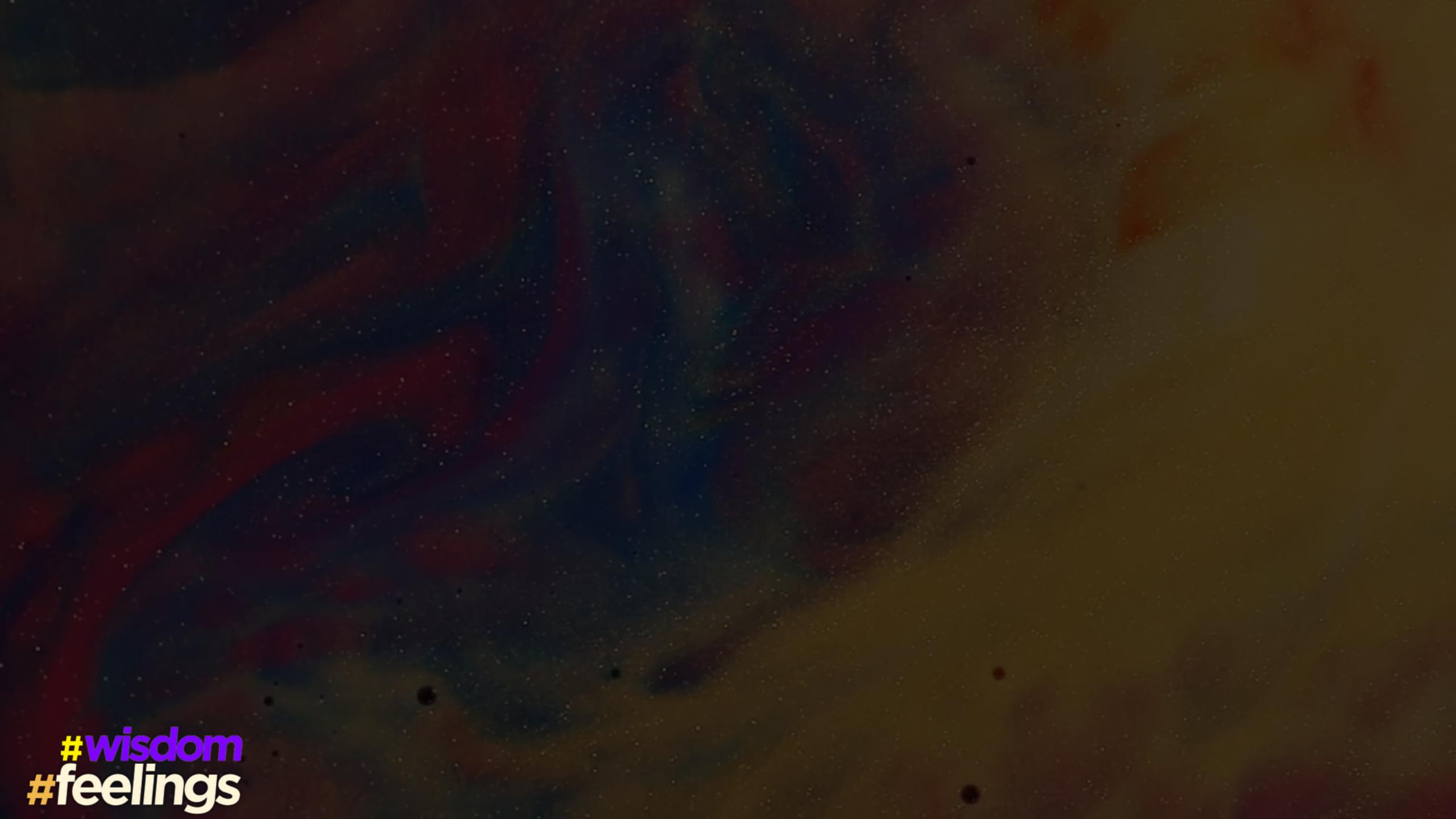
What the wicked dread will overtake them; what the righteous desire will be granted. When the storm has swept by, the wicked are gone, but the righteous stand firm forever.

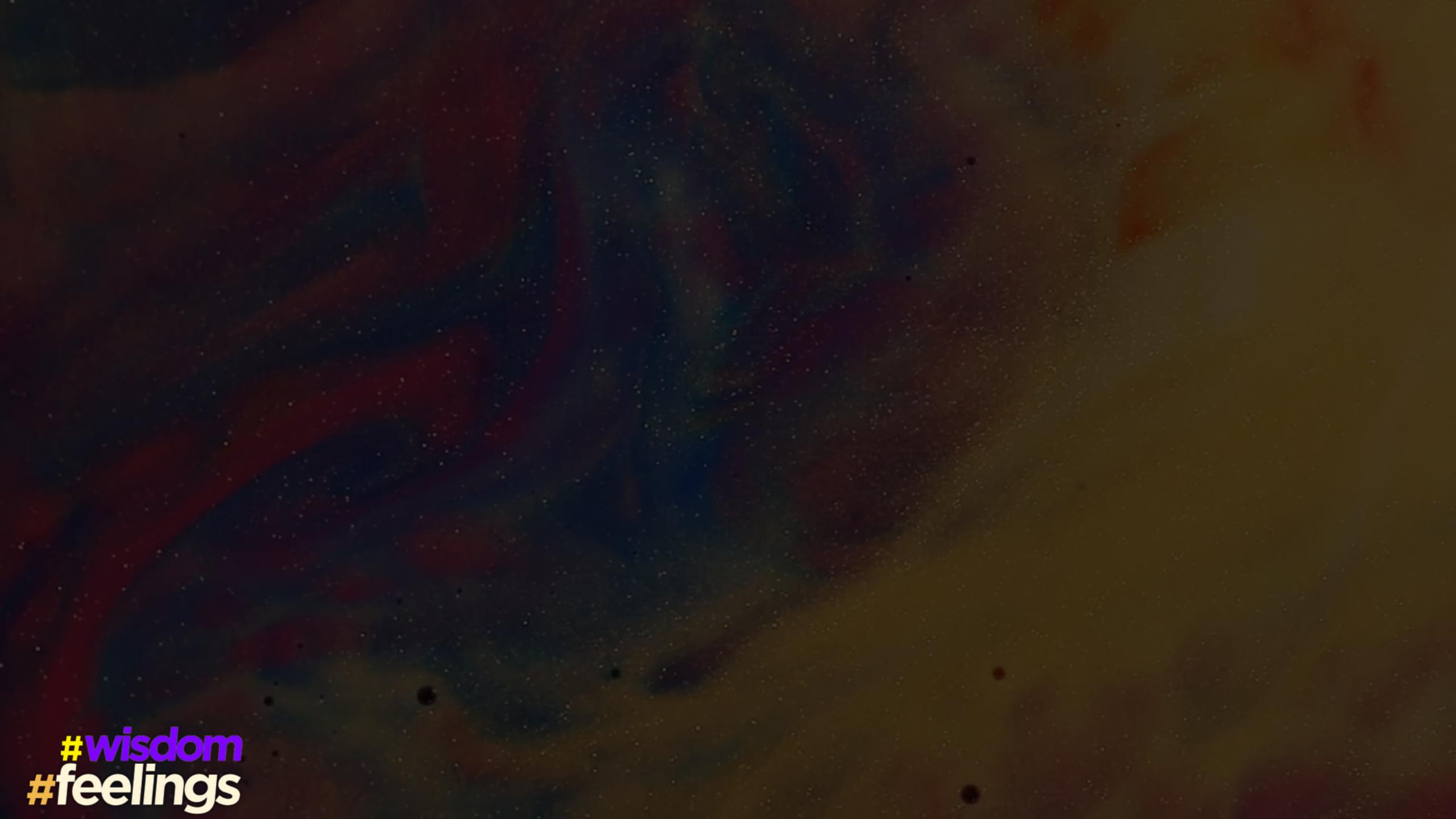
The righteousness of the upright delivers them, but the unfaithful are trapped by evil desires.

Proverbs 11:6 NIV

Do not let your heart envy sinners, but always be zealous for the fear of the LORD. There is surely a future hope for you, and your hope will not be cut off.

Proverbs 23:17-18 NIV





God,
So many things I thought I knew,
but I will open my heart to you.
#wisdom #wisdomprayer

